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| 1. **DATOS BASICOS** |

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| **FECHA:** | | | **DD/MM/AA** | | | **HORA:** | |  | | | | |  | |  | | | |
| **NOMBRES Y APELLIDOS:** | | | | | |  | | | | | | |  | |
| **LUGAR DE NACIMIENTO:** | | | | | |  | | | | | | |  | |
| **FECHA DE NACIMIENTO:** | | | | | | **DD/MM/AA** | | **EDAD:** | |  | | |  | |
| **DOCUMENTO DE IDENTIDAD:** | | | **TIPO:** | | |  | **NÚMERO:** | |  | | | |  | |
| **SEXO:** | M | | F | | **ESTADO CIVIL:** | | | |  | | | |  | |
| **DIRECCIÓN:** | |  | | | | | | | | | | |  | |
| **TELEFONO:** | |  | | | | | | | | | |  | |  | | | |
| **NOMBRES Y APELLIDOS DEL PADRE:** | | | | | |  | | | | | **TELÉFONO:** | | | | |  | | |
| **NOMBRES Y APELLIDOS DEL PADRE:** | | | | | |  | | | | | **TELÉFONO:** | | | | |  | | |
| **PROGRAMA ACADÉMICO:** | | | | | |  | | | | | **CÓDIGO:** | | | | |  | | |
| **DISCIPLINA DEPORTIVA:** | | | | | |  | | | | | **GRUPO SANGUINEO:** | | | | | |  | |
| **ACCIDENTES:** | | | | | |  | | | | | **PROBLEMAS DE SALUD:** | | | | | |  | |
| **CORREO ELECTRÓNICO:** | | | | | |  | | | | | **N° CELULAR:** | | | | | |  | |
| **EN CASO DE EMERGENCIA, COMUNICARSE CON:** | | | | | | | | | |  | | | | | | | | |
| **OBSERVACIONES:** | | | |  | | | | | | | | | | | | | | |

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| **FECHA DE EVALUACIÓN:** | TOMA 1  **DD/MM/AA** | TOMA 2  **DD/MM/AA** |

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| 1. **MEDIDAS ANTROPETRICAS** | | | TOMA 1 | | TOMA 2 | |
| 1. Peso corporal (Kg) | | |  | |  | |
| 1. Estatura máxima (cm) | | |  | |  | |
| 1. Envergadura (cm) | | |  | |  | |
| 1. **MEDICO - POSTURALES** | | | | | | |
| 1. Evaluación postural | Cifosis | Lordosis | | Escoliosis | | Normal |
| 1. Evaluación podológica | Cavo | Plano | | Normal | |  |
| 1. Rodilla | Tendinitis | Menisco | | Rotula | | Condromalacia |

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| 1. **APTITUD FISICA** | | | |
| TEST | CAPACIDAD | I | II |
| Burpe | Agilidad y destreza |  |  |
| Course Navette | Resistencia |  |  |
| Rufier | Velocidad |  |  |
| Velocidad 100m | Velocidad |  |  |
| Salto longitudinal sin impulso | Potencia |  |  |
| Salto vertical | Potencia |  |  |
| Lanzamiento de medicine ball 2kg | Fuerza |  |  |
| Potencia abdominal | Fuerza |  |  |
| Flexibilidad | Movilidad |  |  |

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| 1. **PARTICIPACION EN EVENTOS DEPORTIVOS** | | | |
| FECHA | EVENTO | CIUDAD | RESULTADO |
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Observaciones:

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BIENESTAR UNIVERSITARIO

DIVISION DE CULTURA, RECREACION Y DEPORTE